

# Federation of Associations for Counselling Therapists in British Columbia

## Minutes

### Board of Directors First Meeting (by telephone)

Friday, April 25<sup>th</sup> @ 8:00 am

Attendees (alphabetical order):

- Michelle Oucharek-Deo
- Cathleen Dyer
- Glen Grigg
- Duncan Shields
- Susan Summers

Guests: None

## AGENDA

### Procedural Motions Passed By Consensus

The following motions follow from the FACT-BC bylaws as filed with the Registrar of Companies on March 19, 2014.<sup>1</sup>

1. Confirming the First Board: BE IT RESOLVED THAT, pursuant to bylaw 52(1) the following are confirmed as the First Board of the Federation until the first election for new directors (alphabetical order by last name):
  - Cathleen Dyer;
  - Glen Grigg;
  - Michelle Ouchareko-Deo;
  - Duncan Shields;
  - Susan Summers.
2. Appointing the first Officers: BE IT RESOLVED THAT, pursuant to bylaw 52(1) the following directors are hereby appointed as Officers of the Federation for the time being:
  - Chair (for duties see bylaw 55): Glen Grigg
  - Vice-Chair (for duties see bylaw 58): Michelle Oucharek-Deo
  - Secretary (for duties see bylaw 56): Cathleen Dyer
  - Treasurer (for duties see bylaw 57): Susan Summers

AND ALSO THAT the Secretary shall take the minutes for this meeting and maintain the Register of Directors (as per bylaw 35).

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<sup>1</sup> Copies are available through George Bryce at: gkbryce@telus.net.

3. Confirming register records office: BE IT RESOLVED THAT the law office of George Bryce continue to be the registered records office for FACT-BC for the time being.
4. Appointing legal counsel: BE IT RESOLVED THAT the George Bryce be appointed as legal counsel for FACT-BC.
5. Core Principles: BE IT RESOLVED THAT, the *Core Principles for the Regulation of Counselling Therapy in BC*, current to December 16, 2014, and as approved by the Task Group on March 7<sup>th</sup>, are hereby approved pursuant to bylaw 4(1)(b).

### **Memberships Motions Passed by Consensus**

6. Initial/founding members: BE IT RESOLVED THAT, pursuant to bylaw 3, the following associations are deemed to be the initial or founding members of FACT-BC (alphabetical order):
  - American Association of Pastoral Counsellors (BC Chapter);
  - British Columbia Art Therapy Association;
  - B.C. Association of Clinical Counsellors;
  - Canadian Association for Spiritual Care (BC Chapter);
  - Canadian Counselling and Psychotherapy Association (BC Chapter);
  - Music Therapy Association of British Columbia.
7. Representatives: BE IT FURTHER RESOLVED that, pursuant to bylaw 7, the authorized representative and alternate representative of the initial/founding member associations are as set out in the *Membership List*, as in Attachment #1. (*This list will be updated as representatives and alternatives are named.*)
8. New members: BE IT RESOLVED THAT, pursuant to bylaws 4 to 5, the following associations are accepted as new members of FACT-BC (alphabetical order):
  - Association of Cooperative Counselling Therapists of Canada;
  - Association of Registered Clinical Hypnotists

AND ALSO THAT, when so notified, each new member association shall then advise the Chair of the name(s) and contact information for their authorized representative and alternate representative, and the attached *Membership List* shall be updated accordingly and distributed to all members and observers.

9. Observers: BE IT RESOLVED THAT, pursuant to bylaw 6, the following associations are deemed to be Observers at FACT-BC meetings:
  - Canadian Professional Counsellors Association
  - British Columbia Association Marriage and Family Therapy

AND ALSO THAT, when so notified, each observer association shall then advise the Chair of the name(s) and contact information for their authorized representative and alternate representative, and the attached *Membership List* shall be updated accordingly and distributed to all members and observers.

It was noted that, while the Canadian Professional Counsellors Association did not ask to be given observer status, their application was to become members of FACT-BC will be considered at the June 13, 2014 meeting. The Directors chose to formally grant observer status to the CPCA so that, should the CPCA wish, they can have representative attend the June meeting.

### **Administration Motions Passed by Consensus**

10. Initial financing: BE IT RESOLVED THAT, pursuant to bylaws 9(1) and 61(1), at this time there shall not be an annual membership fee, and FACT-BC shall continue to rely on the BCACC to pay the costs of and provide funding for the Federation until a budget including per capita contributions has been established.
11. First annual general meeting: BE IT RESOLVED THAT, because under bylaw 14 the first AGM must be held before June 2015, pursuant to bylaw 12 the first AGM for FACT-BC will be held on June 13, 2014 at the Coast Plaza Inn and Suites, 1763 Comox St, Vancouver BC.

AND ALSO THAT, once an agenda has been prepared for this first AGM, notice of this meeting be sent to the authorized and alternative representatives of the Members and Observers as per bylaw 15. *These minutes, when distributed, will constitute such notice.*

### **Projects**

12. Follow-up with the Ministry re: designation under HPA: BE IT RESOLVED THAT the advocacy efforts aimed at establishing a commitment from government to the creation of a College of Counselling Therapists under the *Health Profession Act* continue, including: consultation from Hill and Knowlton; a coordinating contract fulfilled by John Gawthrop; and direct advocacy by members of FACT-BC
- Website: BE IT RESOLVED THAT the Website Committee (Susan Summers and Michelle Ocherak-Deo) proceed with the design of the opening page and other formatting and navigation features. It was further affirmed that meeting notes and minutes, the FACT-BC policy statement, and the FACT-BC bylaws should be prominent parts of the website because they directly convey our fundamental purpose and our governance model.

It was further resolved that the following Task Group documents be either placed on the website or made available through the website:

- *Joint Response to the Discussion Paper on the Regulation of Counsellors* (1998);
- *National Entry-to-Practice Competency Profile for Counselling Therapists* (May 2007);
- Discussion Paper: *Options for Regulating Specialists under the HPA* (Sept. 10, 2008);
- Submission to the BC Minister of Health Services: *Options for the Self-Regulation of Counselling Therapists in BC* (Feb. 18, 2009);

- *An Outline of Bylaws for the College of Counselling Therapists of BC* (Jan. 26, 2010);
- Discussion Paper: *Draft Regulation for Designating Counselling Therapists under the HPA, and Proposed Bylaws for Regulating Specialties* (April 1, 2010);
- Submission to the BC Minister of Health: *Risks of Harm Associated with Counselling Therapy Services* (Sept. 22, 2011).
- Additional information from the chronology of the *Long Road to Designation* by George Bryce, currently posted on the BCACC website.

*(George Bryce can provide PDF versions of these documents for posting.)*

### 13. Discussion of items to be raised at the June 13<sup>th</sup> meeting of FACT-BC:

All members of FACT-BC should forward to George Bryce, legal counsel, the board motions from their respective associations that endorse the FACT-BC *Core Principles for the Regulation of Counselling Therapy in BC* and the Constitution and Bylaws, together with a copy of their code of ethics, standards of practice, and complaints procedure. (These latter do not necessarily need to be separate documents as for some organizations these are integrated.) This establishes specific evidence of the consensus achieved in the counselling profession.

FACT-BC needs to have an in-depth discussion of the importance of consensus and proactive problem-solving within our organization, given the clear indication from the provincial government that regulation will not be considered if there is dissent among the affected groups on the major policy issues.

Premiere Christy Clark wrote to the Task Group more than a year ago expressing her support for regulation and referred the matter to the Minister of Health. Follow-up to this commitment should be undertaken.

The Board needs to formally approve a budget, including a per capita fee, so that separate FACT-BC accounts can be maintained and there can be regular financial reporting to the Directors. (This may require a future amendment to the Bylaws.)

Support from Sue Hammel, critic for Mental Health and Addictions, and Judy D'Arcy, Health Critic was gratefully received during a joint meeting with them, with Michelle and Glen representing FACT-BC. Ms. Hammel has since been in contact to talk about the role that FACT-BC can play in providing consultation on mental health issues in BC.

**Attachment #1**

**FACT-BC MEMBERSHIP LIST**

*Current to: April 25, 2014<sup>2</sup>*

**MEMBER ASSOCIATIONS (alphabetical order)**

**American Association of Pastoral Counsellors (BC Chapter)**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
Michael Nell <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>	Randy Frost <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>

**Association of Cooperative Counselling Therapists of Canada**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
Tom Brooks <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>	Brett Haughian <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>

**Association of Registered Clinical Hypnotists**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
<b>FULL LEGAL NAME</b> <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>	<b>FULL LEGAL NAME</b> <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>

**British Columbia Art Therapy Association**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
Michelle Oucharek-Deo 1563 Elinor Crescent Port Coquitlam, BC V3C 2Y3 PHONE: 604-468-1695 EMAIL: mlod@telus.net	Debora Broadhurst 3683 W49th Ave. Vancouver, BC V6N 4J7 PHONE: 604-418-7000 EMAIL: debora.broadhurst@gmail.com

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<sup>2</sup> Member organizations and observer organizations should send details of the primary and alternative representatives directly to: [gkbryce@telus.net](mailto:gkbryce@telus.net).

**B.C. Association of Clinical Counsellors**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
Donald Glen Grigg 1556 Kilmer Road North Vancouver, BC V7K 1R4 OFFICE: ?? EMAIL: glengrigg@shaw.ca	Duncan Shields 6687 Madrona Crescent West Vancouver, BC V7W 2J9 OFFICE: EMAIL: solutionsbc@shaw.ca / duncanmshields@gmail.com

**Canadian Association for Spiritual Care (BC Chapter)**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
Mary-Catherine Fortuna <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>	<b>FULL LEGAL NAME</b> <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>

**Canadian Counselling and Psychotherapy Association (BC Chapter)**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
Cathleen Dyer 725 Cardero Street Vancouver, BC V6G 3L3 PHONE: ?? EMAIL: cath.naka@gmail.com	<b>FULL LEGAL NAME</b> <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>

**Music Therapy Association of British Columbia**

<i>Primary representative (director)</i>	<i>Alternate representative</i>
Susan Gail Summers 608 East 16 <sup>th</sup> Avenue Vancouver, BC V5t 2V4 PHONE: 604-872-8140 EMAIL: ssummers@capilanou.ca	Stephen C. Williams 607 - 160 West 3rd Street North Vancouver BC V7M 0A9 OFFICE: 604-984-4951 x 2307 EMAIL: swilliam@capilanou.ca

**OBSERVER ASSOCIATIONS (alphabetical order)**

**British Columbia Association of Marriage and Family Therapy**

<i>Primary representative (observer)</i>	<i>Alternate representative</i>
Roger Wells <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>	Bianca Rucker <b>HOME MAILING ADDRESS</b> <b>PHONE NUMBERS</b> <b>EMAIL</b>

**Canadian Professional Counsellors Association**

<i>Primary representative (observer)</i>	<i>Alternate representative</i>
FULL LEGAL NAME HOME MAILING ADDRESS PHONE NUMBERS EMAIL	FULL LEGAL NAME HOME MAILING ADDRESS PHONE NUMBERS EMAIL